

A high-angle photograph of two pigeons perched on a concrete ledge. The pigeons are dark with iridescent purple and green highlights on their necks. They are looking out over a vast city skyline, likely New York City, with numerous skyscrapers and a body of water in the distance. The sky is a clear, pale blue.

# Three Days *New York*

Cultural  
*Travel*  
Guide

[www.culturaltravelguide.com](http://www.culturaltravelguide.com)

July 2013

# Start spreading the news...

*If you want to see the whole world in one spot, New York city is the place! Called the “melting pot of the world” it earns its nickname from the millions of immigrants who call New York home and who have made it into –as New Yorkers call it– the Center of the Universe.*

I love New York. I mean, who doesn't?

The unbelievable variety of people you encounter in every corner make you feel like you've entered a different dimension where all cultures coexist in perfect harmony.

From its magnificent museums to its entertainment scene, its amazing skyline, its rich history (it was founded in 1624) and the never-ending and vast culinary offer, New York has it all.

Many people go to New York for a short period of time, on their way somewhere else in the US and they've asked me many times to create a simple, easy to follow guide to use if you have limited time in **The Big Apple**.

Sure, you can live in New York for six months and not run out of things to do!

But here is my personal recommendation for a pre-designed itinerary of must-see places in New York if you're into cultural travel.

The United States is a relatively young country, but it doesn't mean that you can't explore the best from the most fascinating and ancient cultures of the world.

Join me in this amazing trip through culture, history, art and science at one of the most (if not THE most) cosmopolitan, interesting and diverse cities of the world!

—Carolina.

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**Disclaimer:**

The information provided in this guide is for entertainment and informational purposes only. It is based on my own research and experience and because of that it may not be 100% accurate at the time you go on a trip to New York City.

Please beware that I am not responsible for exhibitions being moved, sites being closed temporarily or for good, hours being changed and other unforeseeable circumstances that could potentially make the information in this guide obsolete.

I am providing this information to the best of my knowledge at the time of publication, so please make sure you confirm details before traveling.

If you do find that any information is not accurate, please [contact me](#) and I will correct it!

The information in this guide is based on my own recommendations which may suit you or not, depending on your interests. If you'd like a tailor-made itinerary, please [contact me](#)!

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# How this guide works

*After going on my own trips and planning trips for my clients, I have created a method for planning and executing a cultural trip that is efficient and effective. This guide is different, here's why...*

The **Three Days New York Guide** presents an itinerary for each day in the city.

The places have been selected according to how culturally interesting they are; they have been arranged in geographical proximity and allowing for a comfortable pace.

Whenever possible, I've considered when attractions will be less crowded. Museums for instance, are better early morning or late evening.

## Reading the guide

You can use this guide in two ways:

1. Syncing it to your iPad, iPhone, tablet or mobile device.
2. Printing it out to carry with you.

## Using the printed guide

You don't need to print the entire guide; only print those pages that include the *printer and folded sheet icons* at the top right corner and fold them in three at the dotted lines, where marked.



## Links

I have included live links throughout this guide to make it easier for you to go deeper in the information I provide.

They will work both on a mobile device connected to the internet, or on a computer.

If you're reading this document on an eReader and the links don't work, or if you're reading on a printed version, I've included shortened links where applicable.

There is a link for a Google map of the itinerary for the three days in the [Practicalities page](#).

## Background information

Each attraction presents historical or background information that I have researched and that I think is relevant and sufficient for your visit.

You can always click on the provided links for more information.

## Transportation

Suggestions for transportation will generally cover subway/metro instructions, buses where applicable and walking directions. You are welcome to explore other options.

## Transportation icons

Walk  Subway  Bus 

## Fixed itineraries?

Even though this is, in my opinion, the most efficient way to use your three days, you may customize your experience based on the information I've provided by switching days or attractions around.

In any case, make sure you **confirm the operating hours and closing days** of attractions before you make a final choice.

## Dining suggestions

In general I do not provide dining suggestions because I believe in finding a place that you think might be good and trying it out.

Whenever I do have a good place to suggest, I'll mention it.

Go to the [Bonus Suggestions](#) section to find a few suggested restaurants.





*The capital of the world,  
**New York City**  
offers something for  
everyone!*

These are my recommendations if you happen to have just three days to visit **The Big Apple**.

A mixture of history, art, science and pop culture in just the right quantities for you to get a taste of the city.

New York City is divided into five boroughs or districts: Manhattan, The Bronx, Brooklyn, Queens and Staten Island. For this pre-designed three day itinerary, we'll focus on **Manhattan**.

# Day 1: Nature & Outdoors



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High altitude sightseeing

9 am–12 pm

## Empire State Building Observation Deck

One of the most impressive experiences in New York City. Go up the most famous observation deck in town and see the panoramic views over skyscrapers, rooftops and avenues nearly a quarter of a mile above Fifth Avenue!

The visit takes about two hours and expect long lines; but it won't be so crowded if you get there early in the morning. Also, take into account that the temperature up on the deck is several degrees lower than down on the street, so be prepared to get a bit chilly.

There are two decks, one on the 86th floor (Main deck) and one on the 102nd floor (Top deck) and price goes accordingly.


Be ready to see one of the best examples of Art Deco Architecture in New York City and learn about its building history.

**Special tip:** Buy tickets online to skip the line at the entrance, though you'll still have to get in the next line to get on the elevators.

Website:	<a href="http://www.esbnyc.com">www.esbnyc.com</a>
Location:	350 Fifth Avenue (between 33rd/34th Streets).
Phone:	(212) 736-3100.
Fee:	Main deck: \$25. Top deck: \$42. You can pay extra to skip the lines.
Hours:	Open every day, 365 days a year, 8 am to 2 am. Last elevator goes up at 1:15 am.
Getting there:	Take the 1, 2, or 3 lines to Penn Station/34th St or the B, D, F, N, Q, R to 34th St/Herald Sq. Then walk east until 5th avenue.
Notes:	The 102nd floor observatory maybe closed when crowds are too large.
FAQ:	<a href="http://www.esbnyc.com/faq.asp">www.esbnyc.com/faq.asp</a>

## Lunch



 Now either walk to 34th St/Herald Sq subway station and take the B line or walk to 34th St/Penn station and take the C line to 81st St/Museum of Natural History station.

A whole lot of science

1–5 pm

## American Museum of Natural History

The AMNH is one of the largest natural history museums in the world. Marvel at the world's largest collection of dinosaur and other vertebrate fossils, hundreds of specimens on display, visit the life-size blue whale at the Milstein Hall of Ocean Life and see all forms of life in the Hall of Biodiversity. You may also see the universe in the incredible Rose Center for Earth and Space!

If you're into science, the AMNH is a must-see in New York! Plan to be there at least four hours.

**Special tip:** Do not miss the T-Rex, the Apatosaurus and the Archaeopteryx on the fourth floor and the life-size blue whale on the first floor, amazing!

Website:	<a href="http://www.amnh.org">www.amnh.org</a>
Location:	Central Park West at West 79th Street.
Phone:	(212) 769-5250.
Fee:	General suggested admission: \$19. SuperSaver admission: \$33 and it includes the Museum and Rose Center for Earth and Space plus all special exhibitions, IMAX films, and the Hayden Planetarium Space Show.
Hours:	Open daily from 10 am–5:45 pm except on Thanksgiving and Christmas Day.
Getting there:	Take the B (weekdays only) or C to 81st Street (closest), entrance at the low level of the Museum or Two blocks west of the Museum, the 1 and 9 trains stop at Broadway and West 79th Street.
Notes:	No backpacks allowed. Except where noted, flash pictures are allowed. Free <b>Highlights Tours</b> every day at 10:15 and 11:15 am, 12:15, 1:15, 2:15, and 3:15 pm. Tours last just over an hour. Tours begin on the 2nd floor at the Hall of African Mammals. Fossil Explainers in the 4th floor fossil halls to answer questions: Mon-Fri 1–5 pm; Sat&Sun 10:30 pm–5:00 pm.
Links:	Download the AMNH floorplan. <a href="http://bit.ly/19ZTUDX">bit.ly/19ZTUDX</a> Go to the interactive map. <a href="http://bit.ly/16cJU63">bit.ly/16cJU63</a> Go to the Plan Your Visit page. <a href="http://bit.ly/1bd1b5d">bit.ly/1bd1b5d</a> Download the iPhone app. <a href="http://bit.ly/127YePw">bit.ly/127YePw</a>

 Now cross the street.

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Fold here ▶

The lung of nature in the middle of the city

5–7 pm

## Central Park

Central Park is certainly one of the most iconic places of New York City. There are endless alternatives of things to see and do.

From sitting quietly in a relaxing corner of the park, to places to play sports and see animals in the wild, the park is an oasis of tranquility and fun in the midst of the city.

Just taking a stroll on a nice evening is enough to help you forget the hustle and bustle of your trip and make you slow down and appreciate nature.

It is also a fantastic place to take pictures to its many bridges, appreciate art with its sculptures and fountains, and enjoy wonderful refreshments in any of its restaurants, cafes and kiosks.

**Special tip:** Even though the park is safe, it is recommended that you don't stay until too late at night or that if you do, you walk in groups of people.

Website:	<a href="http://www.centralparknyc.org">www.centralparknyc.org</a>
Location:	Between 5th and 8th Avenues and between 59th and 110th street.
Phone:	(212) 310-6600.
Fee:	Free!
Hours:	6 am to 1 am.
Getting there:	You can get there on foot or check the maps section of the MTA website for the latest subway map. There are numerous subway stations near the park.
Notes:	No alcohol or fire activities allowed.
Links:	Go to the attractions map of the park. <a href="http://bit.ly/13FvhfJ">bit.ly/13FvhfJ</a> Get downloadable maps of the park. <a href="http://bit.ly/12yc9e9">bit.ly/12yc9e9</a> Go to the Things to See section of the website. <a href="http://bit.ly/1da76Wi">bit.ly/1da76Wi</a>



You can purchase the  
complete itinerary guide at  
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Photo: Jean-Christophe BENOIST

# Thank you



I hope you've enjoyed this guide and have found it useful! I've written it with you in mind, because I care and I want you to have the best cultural travel experience there is, one that can change your life and inspire you!

Find me on [Facebook](#), leave a comment on the [contact form in my website](#) or email me directly at [carolina@culturaltravelguide.com](mailto:carolina@culturaltravelguide.com)

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—Carolina.



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